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- **Workload stressors:** 79% of professionals found a heavy workload to be less stressful than not having enough work to do, and 74% would prefer a heavier workload and more pay to less pay. (KornFerry)
- **How does your workload experience measure up.** 10% of employees said their overall work experience has significantly exceeded their expectations, and 38% consider their employee experience awesome or great. (Alright Solutions)

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"No leader sets out to be a leader. People set out to live their lives, expressing themselves fully. When that expression is of value, they become leaders. So, the point is not to become a leader. The point is to become yourself, to use yourself completely - all your skills, gifts and energies - in order to make your envision manifest. You must withhold nothing. You must, in sum, become the person you started out to be, and to enjoy the process of becoming."

~ Warren Bennis

"Think of success as a game of chance in which you have control over the odds. As you begin to master concepts in personal achievement, you are increasing your odds of achieving success."

~ Bo Bennett

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Garfinkle Executive Coaching 6918 Thornhill Drive oakland, CA 94611 USA
 Tel: 510-333-6369 • Email: joel@garfinkleexecutivecoaching.com



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