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- **Preventing burnout during the COVID-19 crisis:** 79% of employees are experiencing mild, moderate or severe burnout. Research has found 6 essential elements of workplace culture and when companies don't do these 6 things well, the chance of burnout skyrockets (O.C. Tanner)
- **What's harder: working from the office or working from home:** 41% say office: lots of distractions, I focus better at home and doing things on my own. 59% say home: lots of distractions and temptation. I need the structure and social aspect of an office. (Fortune)

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