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## Work From Home? Here's How to Keep Work From Taking Over Your Personal Life

Finding the balance between getting work done and devoting a healthy amount of time and energy to my personal life has been tough. In the battle between work and home life, there have been many, many times when work has emerged victorious...

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## Ruth Bader Ginsburg's Advice for Living

To today's youth, judgeship as an aspiration for a girl is not at all outlandish. Contrast the ancient days, the fall of 1956, when I entered law school. Women accounted for less than 3 percent of the legal profession...

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## Women in leadership roles: Are they perceived differently?

Where a man might be seen as authoritative, a woman acting the same way might be seen as bossy. How do I ensure that I am projecting the image I desire as a female business leader? If you share these concerns or frustrations, here's what I advise my clients...

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## Tired of filling out a never-ending list of job applications? Try this strategy to set you apart

I know the feeling: You send out dozens of applications only to be met with crickets. It's frustrating and it's time-consuming. Thankfully, this draining routine is not the only way to land a job...

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## Why Today's Job Interview is so Grueling

Competition is tough, especially for professions where there isn't a skills shortage. While it's easy to throw in the towel and give up in frustration career experts say you need to

weigh how much you want the job before makin

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### Upcoming Speaking Engagements

**Improve Your Conflict-Resolution Skills: The Proven Process for Managing Conflict in the Workplace.**

Pioneer Educator (Webinar)

October 15, 1pm EST

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**Executive Presence: Convey Confidence And Command Respect As A Leader**

October 29th, 8am-11am PST

[View Details](#)

### Current Executive Coaching Engagements



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- **Travel and leisure industry has the highest satisfaction rate:** Job satisfaction varies across industries. Around 72% of the industry's employees are happy with their workplace. It's followed by the automotive industry with 69% satisfied workers. (Qualtrics)
- **Air, light and temperature affect employee productivity:** In terms of happiness and productivity at work, statistics show that 33% of the workforce lose an hour's worth of productivity due to environmental factors. In a survey, View found that 1 in 4 employees say good air quality enables them to exert their optimal effort at work. Nearly 40% of workers prefer natural light, while nearly half want their

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*"Outstanding leaders go out of their way to boost the self-esteem of their personnel. If people believe in themselves, it's amazing what they can accomplish." ~Sam Walton*

*"The most important single ingredient in the formula of success is knowing how to get along with people." ~Theodore Roosevelt*

Books Authored by Joel A. Garfinkle

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