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## Five Stages of Relationship Conflict

Workplace conflicts and unproductive behaviors don't just happen suddenly. Communication and relationship conflicts progress over several stages that can overlap, repeat and circle back around...

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Lessons from Leaders - In-depth Profiles

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## What Are the Three Critical Levers You're Going to Pull to Drive Growth?

When you develop tactics, it's important to monitor progress in a crisp way, but it's equally important to challenge whether the tactics are still relevant as you progress. You can't be a slave to a particular course of action, because the world changes pretty quickly, and consequently you may have to tweak or make wholesale changes to the tactics...

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Coaching Corner – Joel's Article of the Week

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## Women in Leadership Roles: Are They Perceived Differently?

One woman summed up her frustration by telling me, "I feel like the deck is stacked against me. The rules for men are different. If a man speaks up or challenges someone, he is viewed in positive terms as being aggressive or competitive. Yet if a woman does the same thing, she's called a b-----."

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Career Central - Tips for Career Changers

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## 30 Ways to Find a New Job

Once you've decided to look for a new job you need to make sure you're searching everywhere you can. Thankfully, there are tons of places to look for a new job. From personal connections to starting from scratch, here are 30 ways you can find a new job...

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Joel In The News - Interviewed by Top Media Outlets

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## How the Rush Syndrome Affects Your Job and Your Health

Adrenaline addiction can be as harmful as cocaine. We hear a lot of talk about work-life balance, and many of us are determined to bring that quality into our work and our

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personal lives. But like a horse chomping at the bit in the starting gate, when that bell rings we're off and running, down the track at breakneck speed once again...

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### Upcoming Speaking Engagements

#### Executive Presence: 4 Ways to Convey Confidence and Command Respect as a Leader

Webinar

January 24th, 2020 - 1:30pm

Eastern/10:30am PST

[View Details](#)

#### Stop Avoiding Difficult Conversations: Practical Tactics for Crucial Communication

Webinar

March 4th, 2020 - 1pm Eastern/10am PST

[View Details](#)

### Current Executive Coaching Engagements



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- **New opportunities:** 88% of full-time workers who changed jobs in the past two years are willing to pursue a new job opportunity, while about one-third said they were actively seeking a new role (an 8% increase over last year) (Ajilon Staffing)
- **Working for previous employer:** Reasons cited for not wanting to work for a former employer: dissatisfaction with leadership (22%), didn't fit organizational culture (17%), unfulfilling duties (13%) and bridges burned by the company (11%) (Accountemps)

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***"The first responsibility of a leader is to define reality. The last is to say thank you. In between, the leader is a servant."***  
~Max Depree

***"The only thing standing between you and your goal is the bullshit story you keep telling yourself as to why you can't achieve it."*** ~Jordan Belfort

Books Authored by Joel A. Garfinkle

### Gain the Competitive Edge In Your Career



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