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December 18, 2019 • Vol 23, Issue 48

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For several months, he found himself continually canceling and rescheduling doctor appointments before finally stopping to ask himself: "Why am I prioritizing some business commitments over a health priority that could be fatal?" He quit his job to, actually, spend more time with his wife, family, and friends...

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Are you a good team player? If you think the answer is yes, check to be sure, using these prerequisites drawn from the qualities that consultants Joel Garfinkle outlines on his

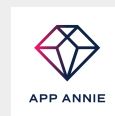
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- **Happiness at work:** 44% of workers said their employers could improve their happiness by awarding a pay raise of 25%, and 33% said their happiness would improve with a 10% raise. (One4all)
- **Importance of financial wellness:** Only 7% of employees identify healthcare as an important building block of financial wellness, yet 53% have skipped or postponed at least one healthcare need to save money. (Bank of America)

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"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing you cannot do"

~Eleanor Roosevelt

"Keep on going, and the chances are that you will stumble on something, perhaps when you are least expecting it. I never heard of anyone ever stumbling on something sitting down." ~Charles F. Kettering

Kettering

Books Authored by Joel A. Garfinkle

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