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July 10, 2019 • Vol 23, Issue 26

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15 Bad Work Habits I'm Ditching This Year (and You Should, Too!)

In 2019, I've decided I want to focus on making my work life as happy and anxiety-free as it can be. So, these days, I try to keep my goals a little simpler. Check out what bad habits I'm avoiding this year, and see if you're guilty of them yourself...

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Lessons from Leaders - In-depth Profiles

Twitter's CEO Dick Costolo: Transparency in the workplace is key to success

In a keynote event at the Great Place to Work annual conference in Dallas, Texas, the conversation focused on the importance of transparency in the workplace and Costolo's tips for open communication...

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Coaching Corner – Joel's Article of the Week

Take Credit for Your Work

If one of your coworkers keeps reframing your ideas as his own at meetings, or if your colleague went so far as to present your strategy to your boss, you need to take action...

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Career Central - Tips for Career Changers

'Why Do You Want This Job?' Is A Trick Question - Here Is How To Intelligently Answer It

As an interviewee, you want to get the "Why do you want this job?" question. Compared to all of the other challenging brain teaser questions, this is the best one to use to your advantage - if you handle it the right way...

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Joel In The News - Interviewed by Top Media Outlets

What does it take to be a good team player?

Are you a good team player? If you think the answer is yes, check to be sure, using these prerequisites...

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Upcoming Speaking Engagements

Strategizing Difficult Conversations:

How to Communicate Without Damaging Work Relationships

July 30th, 2019 - Webinar 1:00pm EST

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Power of Prioritization: How to Protect Your Time and Get More Done

August 15th, 2019 - Webinar 1:30pm EST

[View Detail](#)

Executive Presence: Convey Confidence and Command Respect as a Leader

August 20th, 2019 - Chicago

[View Detail](#)

Current Executive Coaching Engagements



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- **Salary expectations:** Male employees said they wanted an average annual salary of \$444,958, while women wanted an average annual salary of \$278,637. (MidAmerica Nazarene University)
- **Volunteers and Charity in the workplace:** Almost a fifth of employees said their companies organize a volunteer activity, and 15% adopt a needy child or family during the holidays. (Spherion)

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"We do not need magic to change the world, we carry all the power we need inside ourselves already: we have the power to imagine better". ~J.K. Rowling, author of the Harry Potter series

"The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty". ~Winston Churchill

Books Authored by Joel A. Garfinkle

Gain the Competitive Edge In Your Career



Garfinkle Executive Coaching - The top online resource for creating fulfillment at work.
Recognized as one of the best: Acknowledged as one of the top 50 executive coaches in America.
Global Gurus named Joel #15 on its list of [top 30 global coaching experts](#).

Garfinkle Executive Coaching 6918 Thornhill Drive oakland, CA 94611 USA
Tel: 510-339-3201 • Email: joel@garfinkleexecutivecoaching.com



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