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Sandra sighed in annoyance when Carlos, her coworker, who bounced into the office humming an upbeat tune. Over lunch, she vented her frustration to her great mentor - and to her surprise, her mentor told her that Carlos had exactly the right attitude...

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You're in a job interview, and things are going well. You didn't get lost on your way to the office, you made some friendly small talk with the hiring manager, just when you start thinking you have this in the bag, you hear the interviewer say, "Tell me about a time when..."

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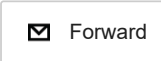
Joel In The News - Interviewed by Top Media Outlets

What Every Man (or woman) Must Do at 9 a.m.

Cheer up - your lousy Monday morning isn't as bad as you think. People's moods actually vary very little from Monday to Thursday, says a new study in the Journal of Positive Psychology. You think Monday sucks more than it actually does because you're happier on the weekends...

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- **Job Satisfaction at highest point in the past decade:** In 2014, 86% of U.S. employees reported overall satisfaction with their current job, an improvement of 5% since 2013. (SHRM)
- **Students are desperate for mentors:** Only 22% of college graduates have a mentor and only 29% had an internship where they applied what they were learning. (New York Times)

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"The supreme quality for leadership is unquestionably integrity. Without it, no real success is possible, no matter whether it is on a section gang, a football field, in an army, or in an office".

~Dwight D. Eisenhower

"The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand". ~Vince Lombardi

Lombardi

Books Authored by Joel A. Garfinkle

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