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January 16, 2019 • Vol 23, Issue 2

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- **Morning routines vary by age:** Average wake-up time by age group - Millennial's 6:58am, GenX 6:23am, Baby Boomers 6:02am. (USA Today)
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"Leadership is having a compelling vision, a comprehensive plan, relentless implementation, and talented people working together". ~Alan Mulally

"More than half of the people who leave their jobs do so because of their relationship with their boss. Smart companies make certain their managers know how to balance being professional with being human. These are the bosses who celebrate an employee's success, emphasize with those going through hard times,, and challenge people, even when it hurts". ~Travis Bradberry

Books Authored by Joel A. Garfinkle

Gain the Competitive Edge In Your Career



Garfinkle Executive Coaching - The top online resource for creating fulfillment at work.
Recognized as one of the best: Acknowledged as one of the top 50 executive coaches in America.
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Garfinkle Executive Coaching 6918 Thornhill Drive oakland, CA 94611 USA
Tel: 510-339-3201 • Email: joel@garfinkleexecutivecoaching.com



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