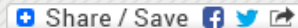


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GETTING AHEAD - *Apply PVI Model for Career Advancement*

The Nice Person's Guide To Criticism

Constructive criticism also brings out defensiveness. "Human beings are hardwired to defend themselves when receiving negative feedback," says Shari Harley, founder and president of the management-training firm Candid Culture. "You can't eliminate people's defensive reactions to negative feedback, but you can reduce it, making feedback easier to hear and act upon," she says.

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Life's Work: An Interview with Andre Agassi

Andre Agassi started his tennis career "in diapers" and ended it at age 36, having won eight Grand Slam titles. Married (to fellow champion Steffi Graf) with two kids, he now oversees a foundation and a charter school in Las Vegas where accountability is the mantra.

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What To Ask In An Informational Interview

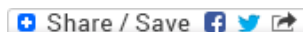
If you handle it right, this could lead to your dream job—if you ask the right questions. Read on to see what Goodfellow and other career experts say are the best—and worst—questions to ask in your next informational.

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Motivated Minute

Quotes to Inspire

"We cannot solve our problems with the same level of thinking that created them."

~ Albert Einstein

"Behind every fear is a person you want to be."

~ Unknown

"Talent wins games, but teamwork and intelligence win championships."

~ Michael Jordan

Coaching Corner

Joel's Words of Wisdom



Are you Afraid to Speak Up at Meetings When you Have Good Ideas?

Casey has become The Reluctant Leader. She feels she is not being noticed for all her hard work and accomplishments. Yet she doesn't feel comfortable bragging, talking about how great she is, or publicly calling attention to all her accomplishments.

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