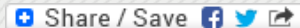


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6 Ways to Train Yourself to be Less Distracted

Constant interruptions at work seem to be the norm these days, so how is anyone supposed to get anything done? If nonstop demands feel like they're overtaking your life, it's time to understand the underlying reasons you're constantly distracted and take control for a happier, healthier and more productive life.

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Marcus Buckingham on 2 Questions Every Leader Must Ask

Marcus Buckingham, leadership guru and co-author of "Now, Discover Your Strengths" says it's time that managers – and companies – stop wasting their time on outdated leadership practices and start embracing what will have the greatest payoff for teams and the bottom line.

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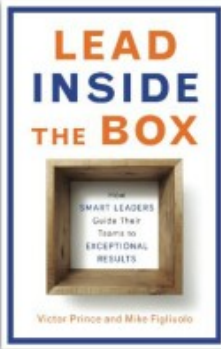
Recommended Resources



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LEAD INSIDE THE BOX

Lead Inside the Box is a great read for anyone in a leadership role! Victor and Mike have provided wonderful examples of the different types of team members and how to provide the motivation necessary to keep the team functioning at peak efficiency.

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Motivated Minute

Quotes to Inspire

"Leaders must encourage their organizations to dance to forms of music yet to be heard."
~ Warren Bennis

"Success has a simple formula: do your best, and people may like it."
~ Sam Ewing

"Management is nothing more than motivating other people."
~ Lee Iacocca

Coaching Corner

Joel's Words of Wisdom







Can Proper Employee Coaching Turn a Problem Employee into a "Superstar"

Kimberly, a freelance marketing consultant, landed an assignment to temporarily replace Jennifer, the VP of marketing at a large financial institution for six to twelve months. Jennifer was taking a leave due to complications from a high-risk pregnancy.

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