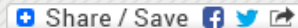


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**May 13, 2015**  
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When considering what goals I want to accomplish, I'm sometimes tempted to run down the usual list – exercise more, wake up earlier, eat healthier. But what I'm really looking for are goals that in every way help me improve, evolve, and create excitement for my brain and those around me...

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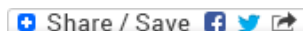
## CAREER CENTRAL - *Tips for Career Changers*

### 8 Subtle Ways to Ace the Interview

Want to land the job? Who doesn't, right? You go to an interview in your Sunday finest, being the consummate professional. Well, hiring managers strive to hire the candidate who is best suited for the job in terms of their skills and experience.

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### Motivated Minute Quotes to Inspire

"The season of failure is the best time for sowing the seeds of success."  
~ Paramahansa Yogananda

### Coaching Corner Joel's Words of Wisdom



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**"Leadership is about vision and responsibility, not power."**  
~ Seth Berkley

**"The beginning is the most important part of the work."**  
~ Plato

**Tips to Save Yourself from Being Laid Off or Fired from Your Job**

Client Lindsey Asks: Lately I've had a funny feeling at work. I'm apprehensive because I don't think things are going well. I'm doing my job, the same as always, but I seem to be left out of the loop.



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